

HOME CARE for people with **COVID-19**

Take care of yourself and your family

Limited Contact

- If possible, have the person who is sick use a separate bedroom and bathroom.
- The person who is sick should eat (or be fed) in their room, if possible.
- Do not share dishes, cups/glasses, silverware, towels, bedding, or electronics



Protective Equipment

- The caregiver may wear a cloth face covering when caring for a person who is sick.
- Wear gloves when you touch or have contact with the sick person's bodily fluids.
- The person who is sick should wear a cloth face covering when they are around other people at home and out



Dedicated Items

Use dedicated dishes, cups, utensils, towels and bed linens for the ill person. Make sure to wash these items with soap and water often.



Wash Hands

- After any contact with the ill person or things they have touched
- If soap and water are not readily available, use a hand sanitizer
- Avoid touching your eyes, nose, and mouth with unwashed hands.



Cleaning Surfaces

Clean and disinfect surfaces that are frequently touched by the ill person daily.



Warning Signs

Call 911 or go to the ER immediately if they are having

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

